Physical Education

Year	RATIONALE
7	Students study a broad curriculum at KS3 with core, fundamental skills being focused upon during year 7 where students will transition successfully from primary to secondary PE enhancing the basic skills needed in a wide range of activities. These fundamental skills such as: passing and moving, balance and agility, attack and defence are carried out in a series of curriculum areas outlined in the National Curriculum. These areas include: outwitting opponents, accurate replication of actions, net and wall activities, problem solving, performing at maximal levels and striking and fielding. We aim to develop the holistic PE learner by introducing them to the hands, head, heart model of assessment where physical, knowledge and character and leadership qualities are developed and assessed.
8	In year 8 students begin to focus more upon strategies and tactics needed to be successful in a smaller range of activities which will allow students to gain a better depth of understanding in sports that will be specific to life in KS4. Again, these areas include outwitting opponents, accurate replication of actions, net and wall activities, problem solving, performing at maximal levels and striking and fielding. Students begin to move away from a fundamentals approach as they delve deeper into more advanced skills and techniques to allow them flourish in more competitive game based situations. The hands, head, heart assessment model becomes embedded where students can articulate what it means to become an outstanding modern PE learner.
9	In year 9 students will access either a sport education model (boys) whereby students gain independence and leadership roles in a range of activities or they will follow a pathway approach using aesthetics or games (girls) as the chosen pathway. Both these models are designed to inspire students to take part in PE at KS4 across the range of different accreditations we run.
10	Students at KS4 adopt a Games for Understanding approach, at which we aim to embed leadership, ensuring students can manage their own lessons. During this time, students will have no choice in their activity, however it will still be balanced and broad, meeting all areas of the KS4 National Curriculum. Students will have access to three pathways of accreditation in BTEC Dance, Sport Science & Sport Studies. This wide offer allows students to choose an accreditation that best suits them and their needs to be successful at KS4.
11	In Y11, students have more elements of choice including the chance to adopt lifestyle sports, such as fitness/cross fit and football. The overall aim is to develop lifelong PE learners who make successful lifestyle choices even after leaving Bishop Barrington Academy. Students continue their PE accreditation in BTEC Dance, Sport Science or Sport Studies as they prepare for success after Bishop Barrington. We try to ensure they have the opportunity to thrive in a top job or credible alternative related to the sport industry.